

Kenosha Unified School District
Physical Education Curriculum
Elementary School: Grades 3 – 5

Big Ideas:	Guiding Questions:
<ul style="list-style-type: none">x Thinking and planning allows for performance in a shorter time period with less effort.x Working together as a team, greater success can happen as opposed to working as individuals.x People who are fit engage in physical activity on a regular basis.x Participation in physical activities and/or sports will provide an opportunity for developing an understanding and respect for differences among people.x Leadership is best shown through actions that encourage everyone to perform better.x Positive decision making about fitness contributes to a healthy lifestyle.	<ul style="list-style-type: none">x What types of movement skills can I combine?x What motor skills can I apply to new skills and games?x How do I get better?x What daily physical activities do I participate in?x What are the health benefits of being physically active?x How do I get better?