

Kenosha Unified School District  
Physical Education Curriculum  
Elementary School: Grades K – 2

Big Ideas:	Guiding Questions:
<ul style="list-style-type: none"><li>x Thinking and planning allows for performance in a shorter time period with less effort.</li><li>x Working together as a team, greater success can happen as opposed to working as individuals.</li><li>x People who are fit engage in physical activity on a regular basis.</li><li>x Participation in physical activities and/or sports will provide an opportunity for developing an understanding and respect for differences among people.</li><li>x Leadership is best shown through actions that encourage everyone to perform better.</li><li>x Positive decision making about fitness contributes to a healthy lifestyle.</li></ul>	<ul style="list-style-type: none"><li>x What are motor skills?</li><li>x How can I improve my motor skills?</li><li>x What physical activities are fun?</li><li>x Why do I want to be physically active?</li><li>x Why are there rules in physical</li></ul>